

# THE KINDNESS PLEDGE

*I pledge to:*

- ♡ Spread kindness in my community
- ♡ Offer help when I see someone in need
- ♡ Commit random acts of kindness that delight and inspire
- ♡ Empower others through positive acts and words
- ♡ Visualize value and worth in everyone around me

Signed:



@WEARELASAGNALOVE  
#KINDNESS PLEDGE  
#KINDNESSMOVEMENT2021

