



Fact Sheet

[Lasagna Love](#) was started at the beginning of the pandemic by one mom (Rhiannon Menn) looking for a way to help others in her community. She and her daughter began making and delivering meals to families residing in her neighborhood who were struggling with pandemic woes. Some were contending with income or job loss as well as general fear or overwhelm. Menn realized what was needed most was comfort and kindness and started preparing extra meals and offering to deliver them to neighbors' doorsteps (contactless) to provide a small break from everyday worries while assuring them that someone cared enough and was looking out for them. This small act of kindness served as an easily replicated approach that crossed all language and cultural barriers. Menn's kind act quickly moved to action several others within her social orbit, and in doing so, initiated a viral movement that gained exponential traction across the nation. Americans were looking for a safe and thoughtful way to stay connected at a time when we were disconnected--from everyone and everything. The non-profit's ultimate vision is to weave kindness back into the very fabric of our everyday lives. Even as we emerge from the pandemic, acts of kindness will forever be a welcome sight.

What does Lasagna Love do? Our mission is simple: *feed families, spread kindness, and strengthen communities*. Our efforts not only help address food insecurity, but also provide a simple act of love and kindness during a time full of uncertainty and stress.

How does it work? Our global community of Lasagna Love volunteers prepare lasagnas each week and deliver them free of charge and contact-free to the doorstep of local families who have requested a meal. Families can privately sign up to receive a meal (*no questions asked!*), a process which eliminates any stigmas or barriers associated with asking for help. Once a family is matched with a volunteer, the volunteer coordinates preparation using the contact information provided (*as some families have dietary requests or restrictions*) and schedules a day and time for contactless delivery of the meal.

How many meals has Lasagna Love delivered? Lasagna Love currently delivers, on average, 3,500 lasagnas each week. To date, the non-profit has impacted more than 1,000,000 lives through the delivery of more than 250,000+ meals.

Feed families **SPREAD KINDNESS** *strengthen communities*

How many volunteers support Lasagna Love?

Lasagna Love has successfully united more than 35,000 volunteers from all walks of life--decimating invisible barriers created by gender, age, race, political standing, or socio-economic background--through its shared purpose. Women, men, couples, families and even clubs and organizations such as Girl Scout troops, have participated in the movement. In the Fall of 2021, Lasagna Love announced expansion of its work beyond America's borders and is now active in both Australia and Canada.

How can someone get involved with Lasagna Love? Interested participants need only sign up through the Lasagna Love [website](#), complete brief online training associated with safe food preparation, and share how often they wish to participate. Volunteers participate as much or as little as desired -- whether one-time, weekly, every other week, or monthly. This flexible model allows each individual to give when and how they wish.

Year Founded:	2020
Leadership:	Rhiannon Menn , CEO, Founder and "Chief Lasagna Chef" Andria Larson, Chief of Staff Rob Thomas, Chief Development Officer Stephanie Stocum, Technical Project Director/Operations
Number of Volunteers:	35,000+ Lasagna Volunteers
Areas Served:	All 50 states in America, Australia, and Canada
Social Handles:	@WeAreLasagnaLove (Facebook , Instagram) @Lasagna Love (LinkedIn)
Website:	www.lasagnalove.org
Media Inquiries:	Wendy Agudelo at: wendy@lasagnalove.org ; press@lasagnalove.org

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